

KIMBERLY BURNHAM, PhD Resume
(860) 221-8510 (Spokane, Washington)
Date of Birth: July 21, 1957

WRITER / EDITOR EXPERIENCE

- 1978- Present Writer, contributor, author, poet, photographer to over 75 publications on Amazon. <https://www.amazon.com/-/e/B0054RZ4A0>
- 2001 - Present Blogger for sites such as SpokaneFavs, 5 Best, LinkedIn Pulse, Poem Hunter, Academia.edu, Inner Child Magazine, Ride Fit, and Transformational Authors.
- 2016- Present Managing Editor for Inner Child Magazine
- 2013- Present Anthology editor including Tears to Triumph, 30 Poems in 30 Days: Writing Prompts & Poems from Tiferet Journal, Trees, Healing, and You: Guided Imagery, Poems, Stories, & Other Empowering Tools, Women Building The World: A Poetic International Women's Day Collection, and Music: Carrier of Intention in 49 Jewish Prayers.

TEACHER / TEACHING EXPERIENCE

- 2002 - 2014. Development and teaching of the distance learning course NeuroAnatomy for IMT Practitioners taught through the Connecticut School of Integrative Manual Therapy, Bloomfield, CT.
- January 1999 - Feb, 2009. Instructor for Dialogues in Contemporary Rehabilitation in Bloomfield, CT., Northeast Seminars, and Connecticut School of Integrative Manual Therapy. Taught over twenty-five different classes.
- August 1994 - May 1998. Teacher, Teaching Assistant, Clinical Supervisor and Tutor at Sutherland-Chan School & Teaching Clinic, Toronto, Ontario. Teaching included Treatments I, Science Review, Anatomy, East West, Clinical Theory & Student Clinic Supervisor.
- June 1982 - May 1985. Excellence Corporation & Interac, Tokyo, Japan. English Teacher for adults in businesses, curriculum development and staff supervision.

SPEAKER / CONFERENCE PRESENTATIONS / JOURNAL ARTICLES

- Burnham K (2016) "*Disgusting Foods, Pure Water and Beautiful Truth for Balanced Muscle Control.*" Int J Complement Alt Med 3(1): 00055.
- Overwhelmed to Calmly Balanced - Top 3 Tips to Living Joyfully! Summit (2016) Calmly Balanced Summit Speaker
- Columnist for SpokaneFAVs on the Intersection of Health and Spirituality (2014-present) <http://spokanefav.com/author/kimberlyburnham/>
- Creative Emergence For A Sustainable Future Congress May 22-27, 2014
- Spokane Pain Conference (2014) Speaker
http://issuu.com/kimberlyburnham/docs/spokane_pain_conference_parkinson__
- Be More Breakthrough Summit (2014) Speaker
- Emotional Freedom (EFT) Tap Fests (2013)
<http://efttapfest2009.ning.com/profile/KimberlyBurnham>
- Raising Consciousness Now Global Summit (2012);
- Holy Hormones Show (2012) <http://holyhormones.com/womens-health/autoimmune-disease-womens-health/kimberly-burnham-phd-aka-the-nerve-whisperer-on-holy-hormones-honey-november-5/>
- Michael Margolis Reinvention Summit Members Showcase (2012)
<http://astoriedcareer.com/2012/04/meet-some-rising-stars-in-the.html>
- Creating Calm Broadcast Network (2013-present) Speaker
- The Mastermind Show (2013) Speaker
- Pearls of Wisdom Teleconference (2012) Speaker
- The Messengers of Change Network's Collective Energy Circle Meditation program (2011-2012) Speaker
- Inner Child Press Radio (2013) Speaker
- Women of Power Speakers Series (2012) Speaker
- "Using Integrative Manual Therapy to Improve Symptoms in Children with Autism" at the "Defeat Autism Now" Conference in Verona, Italy (2005) Speaker
- Connecticut Alzheimer's Association meetings (2005). Speaker.
- Burnham, K. (2009). "*Integrative Manual Therapy for Visual Improvements.*" Journal of the Integrative Manual Therapy Association 3(1):
- Giammatteo, S. W., T. Giammatteo, K. Burnham. (2009). "*Integrative Manual Therapy improves women's health, range of motion and pregnancy.*" Townsend Letter for Doctors and Patients April 2009:
- Giammatteo, S. W., T. Giammatteo, K. Burnham. (2009). "*Muscle Rhythms, A Manual Therapy Approach to Muscle Physiology.*" by Sharon W. Giammatteo, Ph.D., PT, Kimberly Burnham, Ph.D., I.M.T.,C., Thomas Giammatteo, D.C., N.D., P.T., USA (2008) Explore! Volume 18 Number 2

- Giammatteo, S. W., T. Giammatteo, K. Burnham. (2009). *Iontophoresis patches: The Use of Iontophoresis with Homeopathic Remedies.*" by Sharon W. Giammatteo, Ph.D., PT, Kimberly Burnham, Ph.D., I.M.T.,C., Thomas Giammatteo, D.C., N.D., P.T., USA (2008) Explore! Volume 17 Number 5
- Burnham, K. (2009). "Using Manual Therapy to Improve Gait Function in Neurodegenerative Disorders." Journal of the Integrative Manual Therapy Association 3(2).

HIGHER EDUCATION

- PhD Westbrook www.westbrook.edu Westbrook University Apr 2003- 2006; PhD Integrative Medicine (2006). Dissertation topic, "The effect of Integrative Manual Therapy on the symptoms of Parkinson's disease." Full copy or summary available on request.
- BSc Brigham Young University www.byu.edu BYU A-41 Abraham Smoot Building, Provo, UT 84602 Bachelor of Science in Zoology with an emphasis on Composite Teaching, Marine and Aquatic Biology, Wildlife Management, Environmental Studies, April 1982. Provo, Utah. Extensive studies in Linguistics and Languages (French, Japanese, TESL).

SOCIAL MEDIA MARKETER / MARKETING TRAINING (2010- Present)

- Experts Academy with Brendon Burchard; Total Product Blueprint with Brendon Burchard; High Performance Academy with Brendon Burchard;
- World's Greatest Speaker Training with Brendon Burchard, Roger Love and Bo Eason;
- Guru Master Class with Eben Pagan and Wayne Sharer;
- LinkedInfluence with Lewis Howes (Now have over 7000 LinkedIn connections);
- Video Creation Now with Veronika Tracy-Smith, PhD;
- Interactive Offer Training with Clay Collins

AWARD WINNING AUTHOR / WRITERS TRAINING (2010-Present)

- Author, Publisher, Editor, Social Media Expert at Creating Calm Network Publishing Group (2012 - Present)]
- Member of the Poetry Posse at Inner Child Press (2014- Present);

- Movement of Change Writing Program (2010-2011) with Neale Donald Walsch, Robert Evans, Susan Buckley and Marcelle Charrois;
- Full Time Messenger Program (2010-2011) with Robert Evans & Susan Buckley;
- Transformational Authors Experience with Christine Kloser (2010-2013)

MATRIX ENERGETICS PRACTITIONER / MATRIX ENERGETICS TRAINING

(2008-2011) www.MatrixEnergetics.com

- Matrix Energetics Level 1 & 2 (2008), Level 3 (2009).
- Matrix Energetics Practitioner, Certified (Dec, 2009).
- Matrix Energetics Study Group Leader Training (2010),
- Matrix Energetics Master Practitioner Training (2010).
- Numerous repetitions of Matrix Energetics classes (2008 - Present)

PROFESSIONAL HEALTH COACH / HEALTH COACH TRAINING

www.healthcoachtraining.com

- Health Coach Training Feb 2010 - Feb 2011

INTEGRATIVE MEDICINE and MANUAL THERAPY PRACTITIONER / MANUAL THERAPY TRAINING (1996-Present)

- Studies with Dialogues in Contemporary Rehabilitation & Therapeutic Horizons. Bloomfield, CT. www.InstituteofIMT.com
- Biologic Analogs: Neural Mobilization, Circulation Mobilization, Pelvis, Advanced Level 1, 2, 3. Therapeutic Horizons. Mar 96 - Oct 2000. (40 days)
- Subcortical Structures (4 days); Autonomic Nervous system (3 days) DCR 2003
- Cranial Therapy Series 1, 2, 3, 4, 5. DCR. April 1998 - Sept 2000. (19 days)
- Integrative Manual Therapy Courses: Myofascial Release, Advanced Strain-Counterstrain, Strain-Counterstrain, Muscle Energy Technique 1-4, Adv Neural Tension Techniques, Neural Tissue Tension Techniques, Spinal Integration I. Visceral Mobilization VMETGI, VMETResp, VMETCH. Lymph 1-4. Compression Syndromes 1-3 DCR. May 1995 - Nov 2000. (55 days).
- Integrative Diagnostics - Integrative Diagnostics 4 Part Series, Integrative Diagnostics for Applied Psychosynthesis. Diagnostics for Pediatrics. DCR. Feb 97 - Aug 00. (15 days)
- Studies with The Upledger Institute. Palm Beach, FL www.upledger.com

- Process Acupressure 1A. Upledger Institute. May 1998 (4 days).
- Mechanical Link I, ML II. Upledger Institute. Feb-July 98 (8 days).
- Visceral Manipulation IA, IB, II, PIVM, AVM, AVM II, Clinical Symposium. Upledger Institute. June 1995 - May 1997. (30 days). www.barralinstitute.com
- CranioSacral Therapy I, CST II, SomatoEmotional Release, Clinical Symposium. Upledger Institute. February 1993 - September 1994. (11 days); Cranial 1
- Milne Institute April 1999 (4 days). www.milneinstitute.com
- Endermologie Training Program. LPG. Bloomfield, CT. April 16, 2000 www.endermologie.com

OSTEOPATHIC MANUAL MEDICINE TRAINING

- Osteopathy, Manual Practice www.osteopathicollege.com Cranial and General Osteopathy Program, Canadian College of Osteopathy, Toronto, Ontario. September 1996 - 2002. Fourth of five years completed. (32 courses, 123 days); Specific Osteoarticular Adjustment & Soft Tissue Tech. Harold I. Magoun. Feb 1999. (3 days); Lymph and Organs. Philippe Druelle, DO. Jan 99. (1 day)

MASSAGE THERAPIST TRAINING

- Massage Therapy www.sutherland-chan.com : Registered Massage Therapy Program Sutherland-Chan School & Teaching Clinic, Toronto, ON. Jan 92 - Jul 93. Graduated with honors. Two year - 2200 hour program.

FUNCTIONAL THERAPIST

- Functional Therapies: Orthotics. Langer. May 1999. Hartford. (3 days)
- Brain Stimulating Method - de Jong. Janny de Jong. Holland. Nov 23-26, 1997. (3 days)
- Brain Stimulating Method - de Jong. Vital Links. Sheila Frick. Boston. Sept 1999. (2 days)

EASTERN PHILOSOPHIES

- Wisdom of Movement. Livna . Bloomfield, CT Aug 2005 (5 hours)
- Wisdom Healing Qigong, Mingtong Gu San Diego, CA Workshop Aug 2009 (2 days). <http://www.chicenter.com> and www.qifieldtherapy.com
- Oriental Medicine: Shiatsu Training (30 hours), Tokyo, Japan. 1985.

REIKI MASTER / SHAMAN / SOUND HEALING TRAINING

- Reiki Master Certification (2013) Reiki Academy of Natural Attunement & Dave Watson www.reiki-natural-attunement.com
- Carolyn Myss Training (2008-2009)
- Reiki Ball Training (20012)
- Shaman / Chakra Training in Peru (2009) Pierre Garreaud and other Peruvian Shamans
- Intuitive Mastery Training with Candess Campbell (2014 04)
- Sound Healing Training with Jonathan Goldman (2010)
- Mantra Meditations and Sound Healing with Jill Purce (2008) Tibetan Buddhist Chants and Healing.
- Ohallah Conference with Aleph and Jewish Renewal Rabbis. Classes in healing music, interfaith events, and community singing.

AROMATHERAPIST

- Aromatherapy: Aroma-Genera. The Fragrant Mind (10 hrs). Valerie Ann Worwood, Toronto. June 96; Aromatherapy & Lymphatic Introduction (6 hrs) Classic Aromatics, Toronto, Jan 1994.

HYPNOTHERAPIST

- Clinical Hypnotherapy: Clinical Hypnosis. Feb 99. Inner Quest Awareness Center of CA Hypnosomatic Institute; Neurolingistic Training (NLP), 1984 - 2011

NUTRITIONIST / CLINICAL NUTRITION TRAINING in Biophysiology, Nutritional Wellness, Herbal Medicine, and Homeopathy

- Certificate in Practical Herbal Therapy (2008) Kerry Bone, Dip Phyto, BSc. Texas Chiropractic College, Division of Postgraduate Studies.
- PhD Program Westbrook University; Focusing on Neurodegenerative Disorders Apr 2003- 2006; Nutrition Course
- Cranial and General Osteopathy Program, Canadian College of Osteopathy, Toronto, Ontario. September 1996 - 2002. Fourth of five years completed. (32 courses, 123 days)

- Registered Massage Therapy Program Sutherland-Chan School & Teaching Clinic, Toronto, ON. Jan 92 - Jul 93. Graduated with honors. Two year - 2200 hour program. Registered Massage Therapist. Nutritional Symptomatology (48 hours). Carola Barczak, Toronto, Ontario. June 1993.
- Bachelor of Science in Zoology with an emphasis on Composite Teaching, April 1982. Brigham Young University, Provo, Utah.
- Journalist in the Agriculture and Food industry 1986 - 1995. One thousand plus articles on nutrition and food.
- Institute of Functional Medicine: IFM - Heart on Fire Conference 2002 Tucson, AZ; Oct 2004 IFM - Neuroprotection Denver, CO (15 hours) Dr. Catherine Wilner, M.D. www.functionalmedicine.org; Aug 24-26, 2001 Functional Medicine Seminar (19.5 hours) Dr. John Furlong, N.D.
- Dr. Len Goldberg Lecture Series (2-3 hours each) : May 5, 2001 Nutrition and the Brain; July 19, 2001 GI, Liver and Nutrition; June 24, 2002 Using Nutrition to Manage Stress Related Disorders; July 30, 2002 Stress and Neurology; Aug 15, 2003 Aging and Nutrition; Aug 19, 2004 Diabetes and Metabolic Syndrome;
- Dr. DeAnn Liska Lecture: July 27, 2001 Functional Medicine Approach to Detoxification (3 hrs)
- Tony Brae, D.C. Lectures: Aug 22, 2001 Protomorphogens and the Lymphatic System (3 hours); Aug 2002 Nutrition for Depression (4 hours)
- Michael Gaeta, Acupuncturist Lectures: Digestion, Irritable Bowel Syndrome and Nutrition (2 hrs)
- Linda Lizotte, RD, CDN, President of Designs for Health: Nutrition for Mercury Detoxification (2 hours)
- Thomas Giammatteo, D.C.: Feb 2003 Vision and Nutritional contributions (2 hours)

HOMOTOXICOLOGIST / HOMEOPATHY TRAINING

- Heel Homotoxicology Certification Course 2004
- Dr. Bruce Shelton, M.D. lectures on Homotoxicology: Feb 2001 HEEL: Anti-Aging and Homotoxicology (19.5 hours); August 2004 Homotoxicology and the Immune System (6.5 hours); May 2005 Homotoxicology for Infectious Disorders (6.5 hours)

- Sports Related Injuries: A Homotoxicological Approach. (4 hr.) Heel Canada. 1996.
- Sanum Seminar Feb 2005 (14 hours): Dr. Kirt Slegal and Dr. Mano Levoy
- Dr. Bill Shevan, Homeopath Lecture: Aug 2002 Homeopathy for Depression (4 hours)
- Biomeridian Training Aug 2005 Salt lake City, UT (20 hours)

WORK EXPERIENCE

- Jan 1978 - Present Author. Variety of published articles in the field of health, nutrition, agriculture and biology. Published book: Our Fractal Nature, A Journey of Self-Discovery and Connection (2011). four clinical eBook on the topics of Sleep, Parkinson's, Ataxia/Huntington's, and Diabetes as well as chapters in five transformational anthologies including: Pebbles in the Pond, Transforming the World One Person at a Time; Pearls of Wisdom: 30 Inspirational Ideas to Live your Best Life Now; No Mistakes!: How You Can Change Adversity into Abundance and six poems in poetry anthologies <http://www.amazon.com/Kimberly-Burnham/e/B0054RZ4A0>
- Jan 2009 - Present. Integrative Manual Therapist, Matrix Energetics Practitioner, Integrative Medicine Specialist, Consultant, Teacher, Health Coach. Visualize Health www.NerveWhisperer.Solutions and www.KimberlyBurnhamPhD.com
- April 2009- Present Part - Time (8 weeks per year) Mission Hills Physical Therapy San Diego, CA www.MissionHillsPT.com and consulting in various physical therapy clinics in the US and Canada.
- January 1999 - Present. Instructor for Dialogues in Contemporary Rehabilitation and the Connecticut School of Integrative Manual Therapy in Bloomfield, CT.
- June 1998 - Dec 2008. CenterIMT, Integrative Manual Therapist, Certified. Clinical work with clients in addition to positions as Director of Vision Services and Director of Knowledge Management.
- Jan 2001 - July 2005 Clinical Manager and Integrative Manual Therapist, Certified at CenterIMT Boulder
- January 1998 - May 1998. Massage Therapist at Willow Therapy Centre in Toronto. Work with a variety of clients: babies to seniors, athletes, HIV+ clients and people with M.S, scoliosis, CP, nervous system trauma, visceral and cardiovascular dysfunction.

- August 1993 - Dec 1997. Co-owner and Registered Massage Therapist at Donvale Massage Therapy Clinic in Toronto.
- August 1994 - May 1998. Teacher, Teaching Assistant, Clinical Supervisor and Tutor at Sutherland-Chan School & Teaching Clinic, Toronto, Ontario. Teaching included Treatments I, Science Review, East West, Clinical Theory & Student Clinic Supervisor.
- June 1985 - May 1998. Self-Employed Writer/Photographer. Toronto, Ontario.
- Work in the fields of agriculture, foods, environment and health. A list of publication credits and portfolio available on request. www.growingedge.com
- January 1992 - June 1993. Class representative at Sutherland-Chan. Responsibilities included liaison between students and administration and teachers. Developed conflict resolution skills and saw a variety of situations in this volunteer position.
- June 1982 - May 1985. Excellence Corporation & Interac, Tokyo, Japan. English Teacher for adults in businesses, curriculum development and staff supervision.
- September 1982 - April 1982. Monte L. Bean Life Sciences Museum, Provo, Utah, U.S.A. Assistant Curator. Identified and catalogued the insect collection.
- May 1981 - August 1981. Phillips Petroleum, Bartlesville, Oklahoma. Research Center Inventory Crew. Identified and updated purchase records on a variety of research equipment used for projects on petroleum, mineralogy and aquatic foods.

TRAVEL and LANGUAGES

Extensive travel through North and South America, the Caribbean, Europe, Middle East and Asia. In addition to Canada and the US, lived in Japan, Belgium and Columbia. Good command of spoken Japanese. Familiarity with Spanish and French. Currently studying German, Hebrew and Italian.

INTERESTS and PROFESSIONAL MEMBERSHIPS

- Nationally Certified in Therapeutic Massage and Bodywork.
- Certified 1998. National Certification Number #145103-00
- Licensed Massage Therapist in Connecticut. #002124. Oct 1999 - 2010.
- Certified Massage Therapist. Certified by the Board of Massage Therapy State of New Mexico July 1999 - 2009 License No. 3184.

- Member of the College of Massage Therapists of Ontario. Registration #C 546. July 1993 - 2009.
- Member of the Association of Physiotherapists and Massage Practitioners of British Columbia. Registration Number 03403. Registered September 1993-1998.
- Member of the Ontario Massage Therapist Association. July 1993 - 2009.
- Member of the International Association of Healthcare Practitioners. Dec 95 - Present.
- Certified Hypnotherapist. International Medical and Dental Hypnotherapy Association. Registration Number 0299-072157. Feb 1999 - 2008.
- Other interests include SCUBA diving, bicycling, computers, quantum physics,, travel and photography.

ARTICLE, STORY & BOOK AUTHOR

- A proficient writer with the ability to clearly explain health concerns and hands-on approaches, Kim is the editor of *The Burnham Review*, a twice monthly e-newsletter reviewing the medical and scientific evidence supporting the use and benefits of manual therapy, energy medicine and other forms of complementary and alternative medicine.
- "*Pearls of Wisdom: 30 Inspirational Ideas to Live Your Best Life Now*" is an anthology of inspiration with Jack Canfield, Randy Davila, Marci Shimoff, Chris Attwood, Janet Attwood, Dr. Daniel Amen, Robert Evans, Kimberly Burnham, Barnett Bain, Michelle Manning-Kogler and other significant authors. Book to be released by Hampton Roads Publishing in Spring 2012.
- "*Pebbles in the Pond: Transforming the World One Person at a Time*" with New York Times Best-Selling Authors Christine Kloser, Marci Shimoff, Robert Allen and Sonia Choquette, as well as other transformational authors including, Kimberly Burnham, Marcelle Charrois, and many more wonderful authors. Book to be released in the May 20, 2012.
- Kloser, C., K. Burnham, et al. (2012). "*Transformational Quotes, Timeless Wisdom from Global Thought Leaders.*" Transformational Authors Press.
- Non-Fiction Writer's Contest: See my piece entitled Gaijin English on this great site and submit something yourself if you are a Non-Fiction Writer.
<http://authorsonshow.com/kimberly>

- Burnham, Kimberly (2011) "*Gaijin English*." AuthorsonShow.com Non-Fiction Feature Author.
- Burnham, Kimberly (2011) "*Our Fractal Nature, a Journey of Self-Discovery and Connection*." \$6.95 ISBN: 978-1-937207-01-4
- Burnham, Kimberly (2011) *Balancing the Sleep-Wake Cycle: Sleep Better, Learn Faster, Contribute More, and Enjoy Life to Its Fullest (Recover Your Life Through Brain Health)* <http://www.amazon.com/Kimberly-Burnham/e/B0054RZ4A0>
- Burnham, K. and R. Havens (2010). "*Manual Therapists Access Positive Outcomes by Collapsing the Matrix Energetics Wave*." What is Matrix Energetics?, Health & Recovery, The Newsletter About Integrative Manual Therapy - The Science of Whole Body Health 1(7).
- Quoted in Harrington, Gerry (2008) "*Bird flu survival tied to hands-on therapy*", United Press International (UPI) [Free Full Article] http://www.upi.com/Health_News/2008/10/10/Bird-flu-survival-tied-to-hands-on-therapy/UPI-24511223656616/
- Burnham, K. (2008). "*Working with the Signs and Symptoms of Alzheimer's Disease with Complementary Medicine and Manual Therapy Approaches*." Alzheimer's Association Connecticut Chapter 11th Annual Dementia Education Conference Tools to Help, Cope and Hope April 3 (Crowne Plaza, Cromwell, CT): [Full Presentation] http://www.kimberlyburnhamphd.com/Self-Care__Intake_Forms.html and http://www.alz.org/ct/documents/2008_Education_Conference-Alzheimers_Association.pdf.
- Burnham, K. (2008). "*Palpable Vascular Motilities and Joint Circulation*." My Therapy Practice [Full Text] http://www.mytherapypractice.com/therapies/joint_circulation.html.
- Burnham, K. (2007) *Parkinson's Disease Solutions Poster Presentation* at the Integrative Manual Therapy Conference, Bloomfield, CT
- Burnham, K. and R. Havens (2007). "*Pain and Symptoms of Arthritis Gone with Gluten and Gluten Sensitivity: An Integrative Manual Therapy Perspective*." Health & Recovery, The Newsletter About Integrative Manual Therapy - The Science of Whole Body Health 1(6).
- Burnham, K. (2007). "*What to Expect in an IMT Treatment*." Health and Goodness: [Full Text] www.healthandgoodness.com/Therapies/IMT-session.html.

- Burnham, K. (2007). "*Glutathione, Turmeric, Selenium Nutrition for Cataracts and Alzheimer's Disease.*" Suite 101.
- Burnham, K. (2007). "*Benefits of a Gluten-Free Diet -- Gluten Sensitivity, Not Just Celiac or a Digestive Problem.*" Devics.Org.Uk(Jan 28, 2007)
- Burnham, K. and S. Yonemoto (2006). "*Integrative Manual Therapy's answer to shoulder pain.*" Health & Recovery, The Newsletter About Integrative Manual Therapy - The Science of Whole Body Health 3.
- Burnham, K. (2005) "*Using Integrative Manual Therapy to Improve Symptoms in Children with Autism*" power point, article and presentation at the "Defeat Autism Now" 2005 conference in Verona, Italy.
- Burnham, K. (2005). "*Validity of Questionnaires in Evidence Based Research: The Assessment of Client's with Parkinson's Disease.*" Journal of Soft Tissue Manipulation Vol. 12 No. 2. Winter
- Burnham, K. (2005). "*A way to consider Integrative Manual Therapy.*" Health & Recovery, The Newsletter About Integrative Manual Therapy - The Science of Whole Body Health(1): Available at <http://kimburnham.blogstream.com/>.
- Burnham, K. (2002). "*Can You Feel Your Feet? and What They are Doing to Your Heart Beat?*" Reflexology Newsletter: [Full Text]
<http://kimberlyburnham.blogspot.com/2004/04/imt-article-sensory-imput.html>.
- Burnham, K. (2001). "*The Effect of Cranial Vasculature Changes on Cervical Range of Motion.*" Connecticut School of Integrative Manual Therapy Bloomfield, CT.
- Giammatteo, S. W., A. Weiselfish, Kimberly Burnham et al. (1998). "*Compression Syndrome for the Tibiotalar Joint and a Protocol to Increase Ankle Dorsiflexion.*" Dialogues in Contemporary Rehabilitation Volume 1 Issue 3.
- Burnham, K. (1993). "*Plants that clean the air, Making your home and environment more liveable.*" Flowershop Magazine: Available at
<http://kimberlyburnham.blogspot.com/2004/2004/imt-article-making-your-home-and-work.html>.
- Journalist in the Agriculture and Food industry 1986 - 1995. One thousand plus articles on nutrition and food including articles in the following publications: *Canadian Fruitgrower*. 15 articles. Mar 1991 - 1994.; *Greenhouse Canada*. 6 cover photos, 38 articles. Apr 90 - 1994; *Onion World*. 24 articles, 1 cover photo. Feb 88 - 1994.; *The Produce News*. 970 Articles and photos. July 1986 - 1994. ; *Alive*, *Canadian Journal of Health & Nutrition*. 1 article, Apr 92.; *Seafood Leader*. 1 article,

Jan/Feb 92.; *Canadian Aquaculture*. Provesta Pigment news item. July/August 90.; *Catering Today*. 1 article and photos. Jan/Feb 91.; *Cognition - Organic Farming* 5 Info review sections, photos. Apr 90 - Apr 91.; *Gleanings in Beekeeping*. 1 article. June 1989.; *The Grower*. Cover photo. Mar 91.; *The Growing Edge*. 3 articles. Fall 89, Winter 89, Spring 90.; *Mushroom Trade Report*. 2 articles. Feb 91.; *Organic Gardening*. 1 photo. Apr 91.; *Small Farmer's Journal*. 1 article. Fall 1989; *Jewish Vegetarians*. 1 article. Autumn, 1988.

- Richard Baumann, Editor; Kimberly Burnham, Assistant Editor, *Perla* 1981, *Annual Newsletter and Bibliography of The International Society of Plecopterologists*